

121215-01 2025-01



Nordic S7

ART.NO. 800140, 800141





NORDIC S7

Contents

Con	itents	
1.	Planning and preparation work	6
	1.1. Joiner/Fitter	6
	1.2. Plumber	6
	1.3. Electrician	6
2.	Installation	8
	2.1. Positioning requirements	9
	2.2. Space requirements	.10
	2.3. What is supplied?	.11
	2.4. Installation	.12
3.	Duct connection	
	3.1. Connection to the unit	.13
4.	Electrical work	
	4.1. For use with a water coil	.14
5.	Plumbing work	14
6.	Cover	15
	6.1. Preparations	.15
	6.2. Flexit duct cover	.15
7.	Adjustment of the unit	
8.	Installing and adjusting the kitchen fan	17
	8.1. Installation	
	8.1.1. Kitchen fan without motor	
	8.1.2. Kitchen fan with motor	.17
	8.2. Adjusting kitchen fan	
	8.2.1. Kitchen fan without motor	.17
	8.2.2. Kitchen fan with motor	.17
9.	System and general drawings	
	9.1. System drawing (electrical heating coil)	.18
	9.2. General drawing	.19
	9.3. Nipple location	.20
10.	Technical data, S7	21
11.	Dimensioned drawing, S7	22
12.	Capacity and sound data, S7	23
13.	Final checks/Starting	24
	13.1. Final checks	
	13.2. Startup and connection of the unit	
14.	Complaints	26
15.	Waste handling	26

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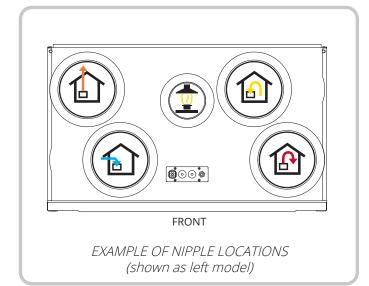
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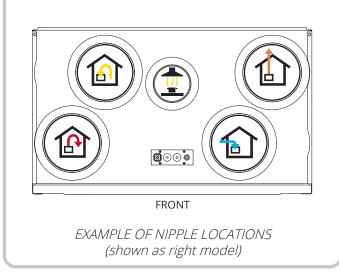
Symbols used

These products bear a number of symbols used for labelling the actual product and in installation and user documentation.











DANGER! When a text box is this colour, it means that a lifethreatening or serious personal injury may be the consequence of not following the instructions.



NOTICE! When a text box is this colour, it means that a poor utilisation ratio or product operating issues may be the consequence of not following the instructions.



CAUTION! When a text box is this colour, it means that material damage may be the consequence of not following the instructions.



INFO! When a text box is this colour, it means that it contains important information.







 To avoid the risk of fire, electric shock or injury, read all the safety instructions and warning texts before using the unit.

- There is a fire risk if cleaning is not carried out in accordance with the instructions.
- All electrical connections must be carried out by qualified electricians.
- If the power lead is damaged, it must be replaced by the manufacturer, the manufacturer's service agent or a similarly qualified person.
- The unit must not be used to extract combustible or flammable gases.
- WARNING! Accessible parts may become hot when used together with kitchen equipment.
- Do not flame food under the kitchen hood.
- It is the installer's responsibility to carry out a full safety and function assessment of the appliance.
- WARNING! Failure to install the screws or fixing device in accordance with these instructions may result in electrical hazards.
- Follow the current regulations for extract air.
- Before opening the door: The product must be set to service mode and powered off because the unit contains elements that must not be touched when hot. Refer to the user manual for FlexitGO.
- Connection/disconnection to supply mains and interconnection of separate components must be possible.
- It must be possible to disconnect the device after installation, either through an available plug or an all-pole switch on fixed installation.
- This appliance may be used by children of 8 years or above or by persons with reduced sensory capacity or reduced physical or mental capacity, or by persons lacking experience or knowledge, provided they have received instruction in the safe use of the appliance or are supervised to ensure safe use and providing they are aware of the

risks.

- The product is not suitable for use by children. Children must not be allowed to play with the appliance. Children must not carry out cleaning or maintenance without supervision.
- · That precautions must be taken to avoid the back-flow of gases into the room from the open flue of gas or other fuel-burning appliances (for duct and partition fans).



 This unit is only designed for ventilation air in homes and commercial buildings.

• To maintain a good indoor climate, comply with regulations and avoid condensation damage, the unit must never be stopped apart from during service/ maintenance or in connection with an accident.

- The unit must not be operated without the filters being in place.
- All plumbing work must be carried out by an authorised plumber.
- The location of the water battery must be approved by a plumber owing to the risk of water leaks.

 Tumble dryers must not be connected to the unit.

The room must have a separate,

adequate air supply when products such as gas cookers, gas heaters, fireplaces, wood-burning stoves, oil-fired boilers, etc., are used.

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If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.

 Applicable for Germany market only: When the range hood and appliances supplied with energy other than electricity are simultaneously in operation, the negative pressure in the room must not exceed 4 Pa (4 × 10-5 bar).

1. Planning and preparation work

1.1. JOINER/FITTER

Airflow

Check that the air moves from rooms with supply air valves to rooms with extract air valves.

Kitchen

If the kitchen fan is designed with a motor, sufficient supply air must be ensured. See chap. 8.1. Installation on page 17 and chap. 8.1. Installation on page 17 for more information.

Fireplace

When using the fireplace suitable supply air must be ensured.

Location in the building

Location of the unit on an internal wall requires insulation of the wall, interrupted studs and boards, and double plasterboard or a wall structure of similar quality (see chap. 2.1. Positioning requirements on page 9).



Positioning must comply with individual countries' electrical safety legislation. Check which rules apply in your country.

Suspension of unit

For screws, suitable noggings (min. 48 x 98 mm) are required between studs. See chap. 2. Installation on page 8.

Access

The unit must have good access for service/ maintenance. See chap. 2.2. Space requirements on page 10 for details.

Fire requirements

Any fire safety requirements must be clarified.

The positioning of heat sources must be coordinated with extract air valves so that heat is not sucked straight out through a valve or door gap.

1.2. PLUMBER

(if the unit has a water coil)

Water pipe layout and placement of the water coil (channel battery) must be planned. These must be kept warm to avoid frost damage. A closing damper with spring must be used. See separate instructions (116166) that accompany the water coil.



The water coil must be located in a room with a drain.

1.3. ELECTRICIAN

Power supply

The units have an approx. 2 m cable with plug and require a single-phase earthed socket nearby. Plug requirements: 10 A. We recommend a separate circuit for the unit. For permanent installation, it is possible to use a fuse in the installation network, provided that it is approved and it must be possible to secure it in the off position. Or a separate approved service switch can be installed.



It is important for the plug to be accessible for servicing when the unit is fully installed.



The unit should be installed with an earth fault breaker.

When using the app:

The unit must be connected to the internet or an access point for local communication with the app. A conduit of at least Ø20 mm is recommended between the unit and the home's router for the network cable.

When using the control panel:

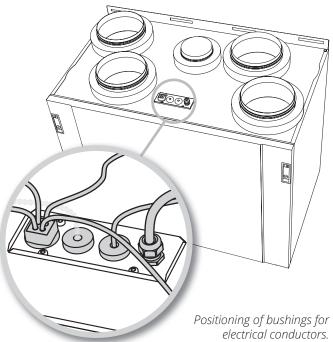
Lay a Ø20 mm conduit for running the cable for controlling the unit between the unit and an easily accessible place in the home (e.g. outside the bathroom) and terminate with a flush-mounted single wall box. Locate the control panel here. The control cable must be located min. 30 cm away from any power cables. The control cable must be max. 24 m long to ensure a signal.

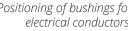
For use with accessories:

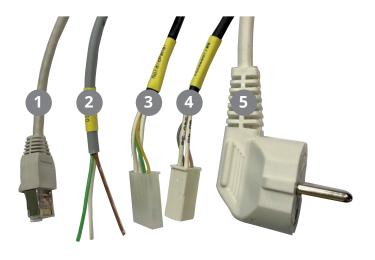
Lay a Ø16 mm conduit between the unit and the location of the accessory in question (kitchen fan, pressure relay, etc.).

NB! The PG nipple for the power cable must be tightened with a torque of 2.0 Nm if the cable is replaced.











The installation instructions for the individual products must be followed.

For more information on automatic control see www.flexit.com or the manual for Flexit GO and the control panel (120018).

	Cable type	
1	Network cable	
2	3-core cable (for e.g. kitchen fan)	(DI1&DI2)
3	Cable for control panel	(NordicPanel)
4	Not in use (accessory)	(Accessories)
5	Power cable, unit	

For exact positioning of the electrical bushings, see chap. 11. Dimensioned drawing, S7 on page 22.



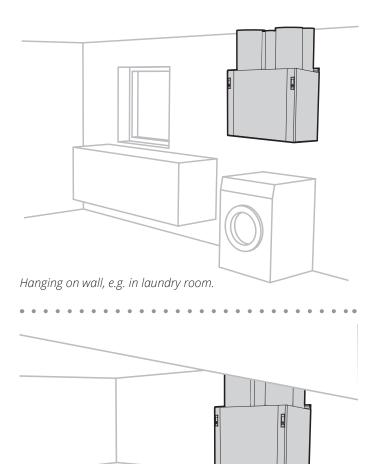
After connecting the accessories, the penetrations must be checked to ensure they are still sealed.

NORDIC S7

2. Installation

Nordic S units can be installed vertically on the wall/floor and can be in hot and cold zones:

- On the wall (vertically).
- (Mounting supplied with unit.)On the floor (vertically).
- Absorption feet must be fitted (available as an accessory).



Standing on absorption feet on floor, e.g. in loft.



8

There may be a risk of external condensation on the unit if it is placed in a room with high humidity.



2.1. POSITIONING REQUIREMENTS

The unit is designed to be installed in boiler rooms, laundry rooms, stores or other suitable areas. The unit can be in a cold location.



Positioning must comply with individual countries' electrical safety legislation. Check which rules apply in your country.

The unit should be positioned in such a way that there is no danger of noise nuisance in nearby rooms.

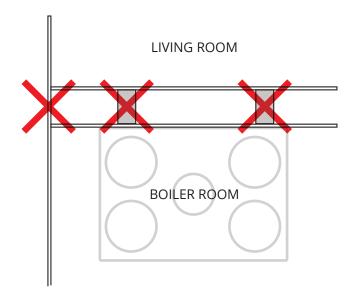
 Location of the unit on an internal wall requires sound insulation of the wall, interrupted studs and boards, and double plasterboard or a wall structure of similar quality. See Byggforsk Construction Detail Sheet 524.325 (Sound insulation properties for lightweight internal walls.) See also the sketch. If located on external walls, interrupted boards against adjacent rooms are recommended.



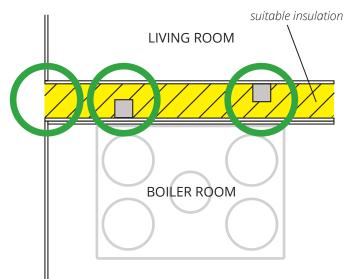
Check which regulations apply to your country when it comes to soundproofing.

If the unit is located in a warm room where a lot of moisture is generated, condensation may form on the outside of the unit during periods when the outside temperature is low.

The base should be stable and level.



Example:



2.2. SPACE REQUIREMENTS

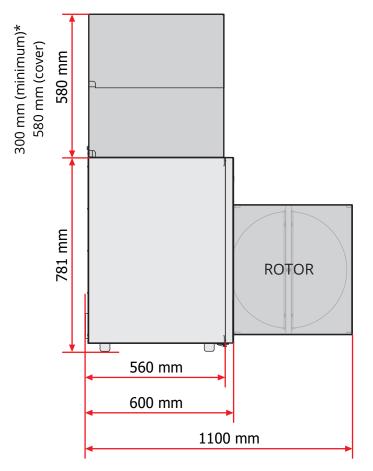
The unit must be installed with suitable space for servicing and maintenance such as filter replacement and cleaning of fans and recovery system. See Fig. 1.

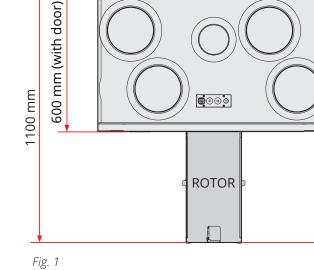
These are minimum requirements and only take service needs into account.

All electrical conductors from the unit must be easily accessible when the unit is fully installed.



Positioning must comply with individual countries' electrical safety legislation. Check which rules apply in your country.





1000 mm

5 mm

10

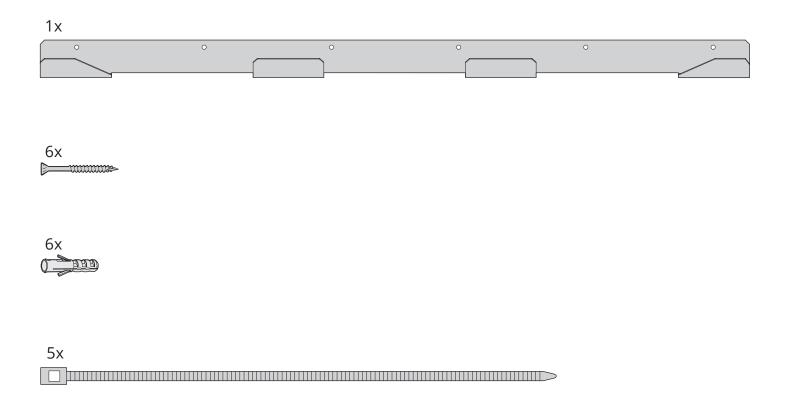
*For use with a duct cover (accessory)

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5 mm

517 mm

2.3. WHAT IS SUPPLIED?



NORDIC S7

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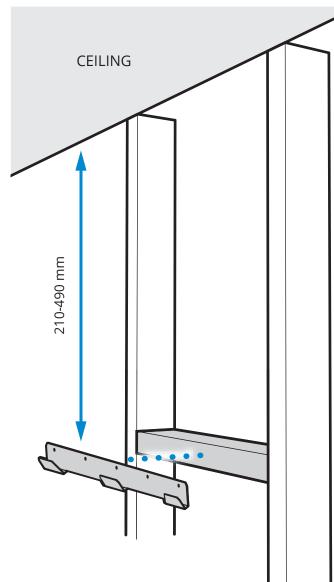
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2.4. INSTALLATION

The unit is available in left and right versions (outdoor air nipple to the left or right), depending on what is the most favourable in relation to the duct location.

In the case of wall mounting, secure the wall bracket to the wall and hang the unit in place (Fig. 3). Hold the unit at an angle when hooking it onto the wall.

The top edge of the wall bracket should be mounted 34 mm higher than the top of the unit's back panel. If, for example, the top of the unit is to be 400 mm below the ceiling, the wall bracket should be mounted 366 mm from the ceiling, measured from the ceiling to the top edge of the wall bracket (Fig. 2).



Alternative mounting methods:

1. Vertical mounting on wall

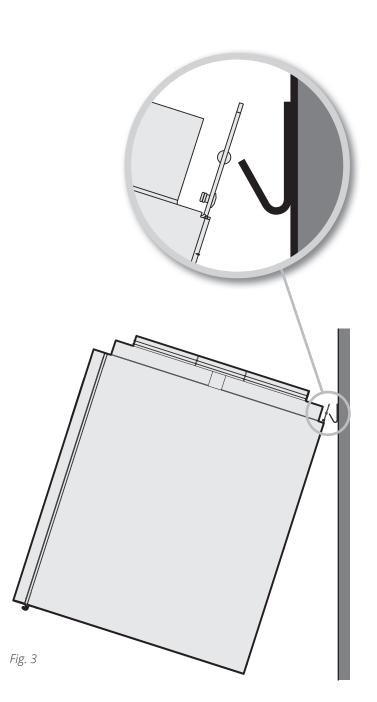


Fig. 2

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3. Duct connection

3.1. CONNECTION TO THE UNIT

See Fig. 4.

Ensure that the ducts are fitted to the correct nipple – see the markings on top of the unit and chap. 9. System and general drawings on page 18.

Pull the duct insulation well up to the unit. To avoid the formation of condensation, it is particularly important for the outdoor and exhaust air ducts to have insulation and a plastic sleeve pulled right down to the unit.

Seal the plastic sleeve to the unit with ties.

All ducts that pass through a cold zone must be insulated. The ducts normally require min. 50 mm insulation, with an efficiency corresponding to $\lambda = 0.035$ W/m.°C or better. The fitter is responsible for use of the required insulation and vapour-proof sleeves in accordance with location/ temperature.

Lay the outdoor air duct with a slight incline towards the outdoor air cap so that any water that enters drains out again.

Ducts should have good sound insulation, particularly above the unit.

Pull the duct well over the seal on the nipple. The duct insulation with plastic jacket is guided right down to the polystyrene around the nipple. It is very important that there are no gaps between the duct insulation and the polystyrene, as this could *lead to condensation and/* or the formation of ice. 7 The plastic sleeve is pulled right down to the unit. Fasten the sleeve with ties. Ņ



Fitted duct.

Fig. 4

Duct connection.

4. Electrical work



The unit should be installed with an earth fault breaker. All electrical connections must be carried out by a qualified electrician.

The unit is supplied with a 2 m cable with plug. The cable exits at the top of the unit and is connected to a 230 V 50 Hz single-phase earthed power point that is placed in an easily accessible position close by. The power plug should be used as the service switch. See chap. 10. Technical data, S7 on page 21 for fuse sizes.



Positioning must comply with individual countries' electrical safety legislation. Check which rules apply in your country.



Ensure that the plug for the unit is not boxed in.

Internet access:

For functions such as controlling the unit outside the home and having access to updates and other cloud services, the unit must be connected to the internet. Lay a network cable between the unit and the home's router, and connect.

Accessories:

Wireless accessories

A wireless adaptor can be connected to the 4-pole contact marked "Accessories". For configuration with the Flexit GO app, see the instructions that come with the accessories.

Other accessories

Accessories with a closing contact can be connected to a 3-core cable on top of the unit.

Label	Colour	Function	Description
DI1	Brown	HIGH (default)	Forced airflow
DI2	Green	COOKER (default)	Forced air supply
+24V (REF)	White	Reference	

The inputs can be configured for other functions with the Flexit GO app, see instructions in manual (117078).

Control panel:

A control panel can be connected to the 4-pole contact marked NordicPanel. For more information, see the instructions for the control panel (120018).



Signal cables must be at least 30 cm from power cables and should be laid in a 20 mm wiring conduit at installation. The cables must not be more than 24 m long.

4.1. FOR USE WITH A WATER COIL

For more information, see instructions (116166) for water coil.

5. Plumbing work*

*If the unit is going to have heating with a water coil.

All plumbing work must be performed by an authorised plumber. See instructions (116166) for water coil.



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6. Cover



For service reasons the cover must have a hatch or removable front.



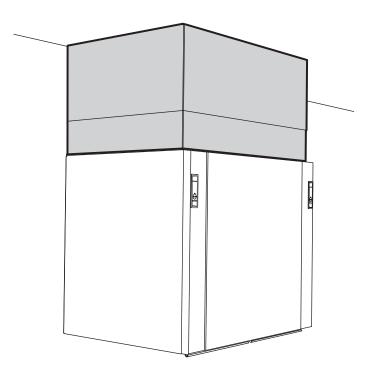
To prevent the transmission of noise and vibrations, the cover and the unit should not be in direct contact with each other.

6.1. PREPARATIONS

The placement of the cover is naturally affected by the placement of the unit. Therefore plan the positioning of both the unit and the cover prior to installation.

The radiated noise from the unit specified in the sound data does not include possible noise from ducting. The cover should therefore be soundproofed too.

6.2. FLEXIT DUCT COVER



15

Flexit duct covers are available as accessories.

7. Adjustment of the unit

Operating modes must be adjusted to ensure that the unit functions correctly. Airflows must be adjusted according to applicable national requirements by qualified personnel.



Insufficient/incorrect settings may cause damage to the product and the property, thereby affecting the outcome of a potential claim.

Damages resulting from a misadjusted ventilation system may lead to the rejection of a potential claim. For adjustment of ventilation modes, refer to the automation guide.

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8. Installing and adjusting a kitchen fan

8.1. INSTALLATION

If an external kitchen fan is going to be used, documentation regarding installation and adjustment of air flow rates is supplied with the fans.

8.1.1. Kitchen fan without motor

(connected to unit with duct connection)

The air handling unit has a separate connection point for kitchen fans without a motor. An electric cable (lowvoltage) must be connected between the unit and the fan in order to force the air flow in the hood via the switch on the hood.

8.1.2. Kitchen fan with motor

(not connected to unit)

The kitchen fan with motor is not connected to the unit. It has a completely separate duct system for air evacuation.

With the kitchen fan it is possible to compensate for the amount of air drawn out of the house. See chap. 8.2. Adjusting kitchen fan for more information.

8.2. ADJUSTING KITCHEN FAN

If the kitchen fan is not supplied by Flexit, the fan supplier must plan air flow rates for extract air in the hood, and arrange for supply air to the hood. To reduce the risk of negative pressure in the home, when using a kitchen fan with an air volume above approx. 200m³/h is compensated for this with, for example, an outdoor air valve in the wall.

8.2.1. Kitchen fan without motor

(connected to unit)

To reduce the risk of forced ventilation through the cooker hood causing imbalance between extract air and supply air, the flow should also be adjusted on the "Cooker hood" setting on the fans. The flow between the attachment and the cooker hood can be measured with an air-flow meter.

The method for adjusting the fan force will vary, depending on which control unit is used (NordicPanel or the Flexit GO app). In this description the Flexit GO app is used.

Procedure:

- 1. Choose the cooker hood setting with the damper open and the "cooker hood" signal activated. Adjust the extract force in the "cooker hood" position until the flow over the cooker hood is 150-180m³/h, to obtain odour capture of approx. 75%.
- 2. Then measure the flow from all air extractors and add this flow to the flow over the cooker hood.
- 3. Measure and add up the flows on all supply air units. Adjust the fan force in the "cooker hood" setting for the supply air fan to the point where the flow is the same for both fans.

8.2.2. Kitchen fan with motor

(not connected via duct to unit)

If a kitchen fan with a motor is used, the volume of air extracted from the building increases. The air handling unit can be adjusted to provide more supply air than extract air to compensate for this.

A signal to the unit is required when the kitchen fan is used:

Connect an external switch with potential-free ON/OFF signal to the 3-core cable on the unit (DI2, see wiring diagram).

Install the pressure relay (accessory).

The cooker hood function works as follows:

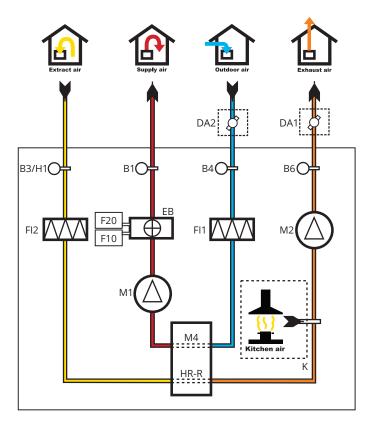
The supply air fan will speed up, while the extract air fan will continue at a low level to partly compensate for the air flow that the cooker hood extracts from the house.

Check the kitchen fan's maximum capacity (based on the capacity diagram on the kitchen fan).

Ensure that the kitchen fan receives sufficient air via one or more fresh air valves, for example.

9. System and general drawings

9.1. SYSTEM DRAWING (ELECTRICAL HEATING COIL)



(shown as a right model)

18

Abbreviation	Description
B1	Supply air temperature sensor
B3/H1	Extract air temperature and humidity sensor
B4	Outdoor air temperature sensor
B6	Exhaust air temperature sensor
EB	Electrical heating coil
F10	Overheating thermostat, manual reset
F20	Overheating thermostat, automatic reset
FI1	Supply air filter
FI2	Extract air filter
M1	Supply air fan
M2	Extract air fan
HR-R	Rotary wheel-type heat exchanger
M4	Rotating heat exchanger motor
DA1	Damper
DA2	Damper

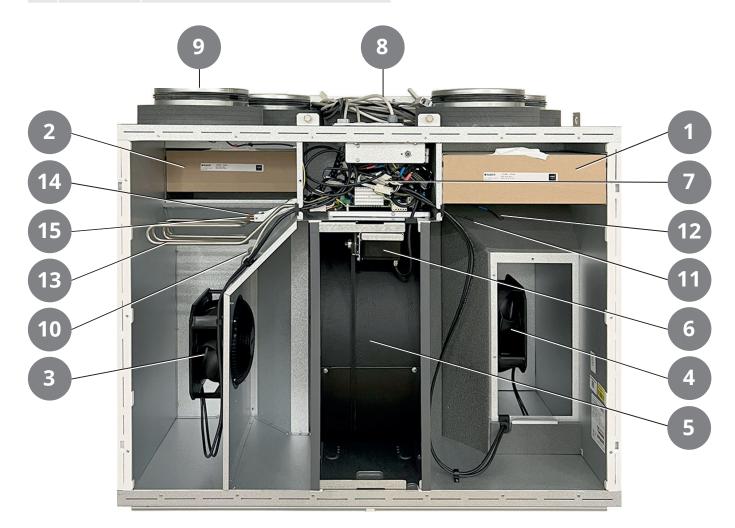
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9.2. GENERAL DRAWING

No.	Abbreviation	Description
1	FI1	Supply air filter
2	FI2	Extract air filter
3	M1	Supply air fan
4	M2	Extract air fan
5	HR-R	Rotary wheel-type heat exchanger
6	M4	Rotating heat exchanger motor
7		Control unit
8	К	Kitchen hood connection
9	B1	Supply air temperature sensor
10	B3/H1	Extract air temperature and humidity sensor
11	B4	Outdoor air temperature sensor
12	B6	Exhaust air temperature sensor
13	EB1	Electrical heating coil
14	F10	Heating overheating thermostat man.
15	F20	Heating overheating thermostat auto

With electrical heating coil

(shown as a right model)

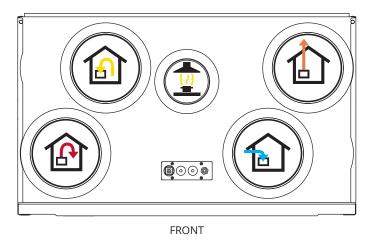


19

NORDIC S7

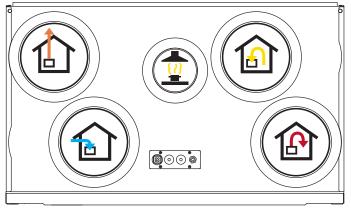
9.3. NIPPLE LOCATION

Right model top



Left model top

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FRONT

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10. Technical data, S7

		S7 RE
		with electrical heating coil
POWER	Rated voltage (AC 50 Hz)	230 V
	Frequency	50 Hz
	Fuse size	10 A
	Rated current	7 A
	Rated power, total	1 850 W
	Rated power, max. electric heating coil	1 500 W
	Rated power, fans	2 x 170 W
	Rated power, rotating heat exchanger motor	4 W
	IP class	21
VENTILATION	Fan type	B-wheel
	Fan motor control	0-10 V
	Max. fan speed RPM	4 350
	Automatic control, standard	Flexit GO
	Filter class, supply air	ePM1 55 % (F7)
	Filter class, extract air	ePM1 55 % (F7)
	Filter type (supply air/extract air)	Compact filter
DIMENSIONS	Filter dimensions (WxHxD)	300 x 269 x 96 mm
	Weight, ventilation unit	82,5 kg
	Weight, rotating heat exchanger	15,9 kg
	Weight, door	11 kg
	Weight, fan	2 kg
	Kitchen fan connection	Ø 125 mm
	Duct connection	Ø 200 mm
	Height	857 mm
	Width	1 000 mm
	Depth	600 mm
CONTINC		
COATING	Colour	White
	RAL	9016
	Gloss	25-35

21

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Energy class:

A+

CTRL 0.65

LOCAL DEMAND CONTROL

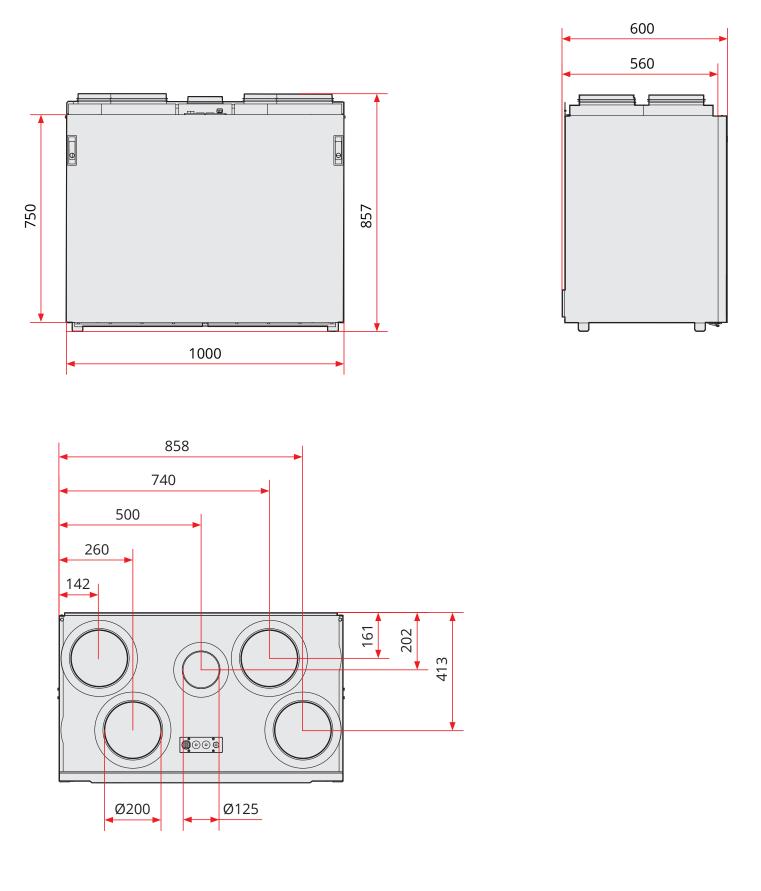
Sensor control for different zones Accessories: Advanced panel + CO₂ sensor/motion sensor + damper Result: Increased air flow rate in zones that need it

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NORDIC S7

11. Dimensioned drawing, S7

Dimensions in millimeters



22

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12. Capacity and sound data, S7

Capacity diagrams and performance data for the unit can be found in the product data sheet and in our calculation program Flexit Select.



Product data sheet Nordic S7

13. Final checks/Starting

13.1. FINAL CHECKS



WARNING! The installer may be held responsible for incorrect or incomplete installation.

Check the following points:

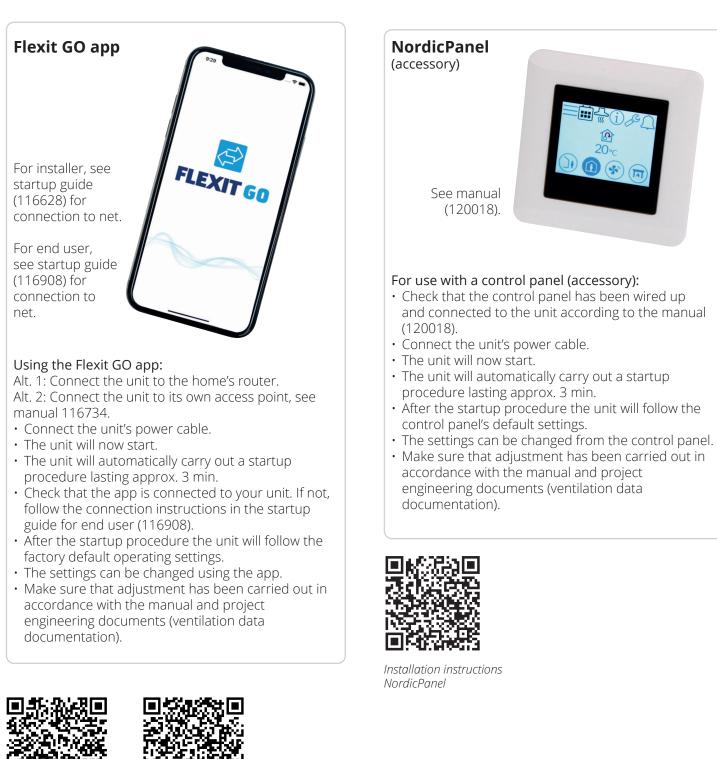
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Check the following points:		\checkmark
Description	Chapter	Performed
Duct insulation has been carried out in accordance with the manual and technical documents	3	
Ducts have been connected to the correct nipples	9	
Adjustment has been carried out in accordance with the manual and project engineering documents	-	
The unit operates normally in all stages	-	
The rotating heat exchanger rotates freely	-	
Rotating heat exchanger rotates when heating is required	-	
Heating comes on	-	
Unit has filters for both outdoor air and extract air	9	

24

13.2. STARTUP AND CONNECTION OF THE UNIT



25

Startup guide (installer)

NORDIC S7

Startup guide

(end user)

14. Complaints



Warranty claims will only be valid if the instructions in the manuals have been followed.

Complaints about this product may be raised in accordance with the applicable terms of sale, **provided that the product has been used and maintained correctly.** The right of complaint may be voided if the system is used incorrectly or maintenance is grossly neglected.

Complaints as a result of incorrect or defective installation must be submitted to the installation company responsible.

Filters are consumables.

Our products are subject to continuous development and we therefore reserve the right to make changes.

We also disclaim liability for any printing errors that may occur.

15. Waste handling



The symbol on the product shows that this product must not be treated as household waste.
It must be taken to a collection point for recycling electrical and electronic equipment.

26

By ensuring correct disposal of the equipment, you will help to prevent the negative consequences for the environment and health that incorrect handling may entail.

For further information on recycling this product, please contact your local authority, your refuse collection company or the company from which you purchased it.

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Flexit participates in the ECP programme for RAHU. Check ongoing validity of certificate: www.eurovent-certification.com The product is listed in the database for building products that can be used in **Nordic Swan Ecolabelled buildings.**



Flexit AS, Moseveien 8, 1870 Ørje, Norway www.flexit.com